

# That's a Good Question

250 Questions to Use in a Small Group

1. Are you living *your* life?
2. Are you playing the right role for you?
3. At work, do you have an opportunity to do what you do best every day?
4. What have you learned from the past?
5. If you could start all over again, would you live your life the same way?
6. What is it like to be on the other end of you?
7. What gets you excited?
8. What disturbs you?
9. Who expects you to be somebody?
10. How would you complete this question, "Wouldn't it be nice if...."
11. What was it like to grow up in your hometown?
12. What types of encouragement make the most difference to you?
13. What have you done in the last week to improve so that you're better this week than last?
14. What is the one thing I do that really matters?
15. What have you done in the past year to change the world?
16. What scares you the most in the year ahead?
17. What's the question that you hope I don't ask you today?
18. How are you going to get to the next level? What's your plan?
19. What one, two, or three things can you do better than ten thousand other people?

20. What five words or phrases capture your life right now?
21. What needs to be done now?
22. Why aren't you cheating?
23. Are you afraid of doing the very thing you most want to do?
24. What makes you feel most fulfilled?
25. What legacy would you like to leave for your children and grandchildren?
26. What have you always been good at?
27. How could you be a better Christian?
28. When were you faced with a problem and you tackled it successfully?
29. What was the greatest disappointment in the first third of your life? The second third? The most recent third?
30. Who has been the most outrageously loving person in your life?
31. What was the greatest achievement you experienced before the tenth grade?
32. Of all living people, who would you most want to have a three-hour dinner with and why?
33. Where is God powerful in you?
34. Who do you need?
35. What is your favorite word?
36. What are your "no matter what's"?
37. How do you know if you're making progress?
38. For what are you willing to die?

39. What forces are working counter to your efforts?
40. What has become clearer to you lately?
41. What was the happiest day of your life?
42. What was your greatest disappointment in the last 12 months?
43. Whom do you like working with, and why?
44. Whom do you dislike working with, and why?
45. What do you hope to be doing in ten years?
46. What is your earliest childhood memory?
47. What values do you try to live your life by?
48. What was the greatest team you've ever been a part of?
49. What needs to change soon?
50. What do you like to do the least?
51. What is your favorite activity?
52. How do you relate to technology in your life?
53. Where are you weak?
54. What motivates you?
55. What would you do if you were in (the person sitting to the right of you)'s shoes?
56. Where is God powerful in you?
57. What opportunities are you missing?
58. What information or ideas do you have that you think would be beneficial to the rest of us?
59. What was the greatest achievement you experienced before the tenth grade?

60. What is going on now in your personal life, family, or ministry that if left alone could derail your vision? What actions need to be taken to correct this?
61. Finish this sentence: "I have now come to the end of my life and I'm disappointed that I didn't...."
62. What was the happiest moment in your life?
63. Tell us about your first date?
64. What is the greatest regret of your life?
65. What is the greatest compliment you have ever received?
66. Who is your best earthly friend?
67. What songs do you find yourself humming lately? Why?
68. What is the hardest thing you have ever done?
69. Describe a typical Tuesday in your life?
70. What is your greatest disappointment today?
71. What is the gift you will never forget?
72. What do you enjoy most in your spare time?
73. What is your favorite time of day?
74. What is one thing you would like your obituary to say about you?
75. Share one of your strengths and one of your weaknesses.
76. What is your favorite spot in your home or yard?
77. People might be surprised to find out that I....
78. Using weather terminology, how would you describe your week – stormy, sunny, partly cloudy, fogger, etc?
79. If you had to live your life over what would change?

80. If you were to go to the moon and could carry only one thing, what would it be?
81. If you could be doing anything you wanted at this time next year, what would it be?
82. What was the best advice you ever received?
83. What is your favorite time of the day?
84. What does the problem seem to be?
85. Who do you wish was sitting here with us right now? Why?
86. What happened yesterday?
87. What's wrong with you?
88. What are you good at?
89. Is your pace sustainable?
90. Have you cried lately?
91. What is your favorite feeling?
92. Who do you want to be like?
93. Who are the characters from your past that are part of your character?
94. Why aren't you at your goal already?
95. What has happened to your dream?
96. When did God become more than just a word to you?
97. What are your parents like? How do you feel about them?
98. What do you dream about?
99. What was your nickname as a child?

100. When was the last time you cried?
101. Who was your childhood hero?
102. What is an experience you have had recently that made a significant impact on your life?
103. What would you change about your family if you could change one thing?
104. What causes the most arguments in your family?
105. Who were your best friends five years ago? Are they still your best friends?
106. What's under your bed?
107. What has been the best part of this year for you?
108. If you could be anyone in history, who would it be and why?
109. What comes closest to describing you: a hand (I'll help you), an ear (I'll listen to you), or a tongue (I'll speak to you)?
110. What do you view as the biggest turning points in your life?
111. What improvement would you like to see in your present vocation by this time next year?
112. What best describes your savings plan: a) non-existent but needed, b) small but steady, c) robust and real
113. What was the most frightening experience you have ever had?
114. How have you helped someone in their spiritual walk in the past six months?
115. What are your favorite sports teams and why?
116. Describe your ideal house and how you would furnish it.
117. What was your favorite TV program as a child and why?

118. At your work do you have an opportunity to do what you do best every day?
119. What quality in your life do you want to develop in the next year?
120. What one thing has helped your prayer life lately, and what one thing has hindered it?
121. How do you think you are like your mother?
122. If you went home and found a check in your mailbox for one million dollars, how would you use the money?
123. What reading are you doing?
124. What is your favorite season of year?
125. When you were a kid what did you want to be professionally when you were older?
126. If you could ask Jesus any one question what would it be?
127. How are you praying for yourself?
128. What disappointment do you have from childhood that is still fresh to you now?
129. How is your relationship with God right now?
130. What tasks are you facing right now that you consider incomplete?
131. How do you relax?
132. If we were to ask your spouse about your state of mind or energy level, what would the response be?
133. Are there any unresolved conflicts in your circle of relationships?
134. What non-Christian have you spent time with recently?
135. What would you say your fears are at this moment?
136. Are you sleeping well?

137. Do you like where you are at?
138. If you were a business, what business would you be in?
139. Who in your life might be an angel in disguise?
140. Give us two items from your bucket list (things you want to do before you kick the bucket).
141. What are your community activities and how do you see them being a ministry?
142. How did you come to do what you do?
143. What have you learned lately about the opposite sex? What grade do you have in this class?
144. What have you done for yourself lately?
145. Have you been muttering something under your breath lately? What?
146. How have you shown love to your kids lately?
147. Have you thought seriously about moving? Where would you go if you could?
148. If you were to go back to school, what would you study?
149. What bothers you most about getting older?
150. What is the best team you've ever been on?
151. What was your most embarrassing moment?
152. What's the best question you've asked lately?
153. In six months a front-page article appears in the paper about you. What does the article say?
154. What is the question that I have not had courage to ask in my life?
155. Describe an experience you had during the past year and how it has affected your personal growth.

156. Where should I influence my world in a positive way?
157. Are negative thinking patterns eating away my potential in any area of my life -- no matter how small?
158. What action could I take today to brighten someone's world?
159. What one small thing -- repeat -- "small thing" -- is holding me back from doing my best today?
160. How can I double my value as a friend this year?
161. Where should I influence my world in a positive way?
162. What is my greatest area of tension at work or home right now?
163. Am I saying, "I can't" when I should be saying, "I can" or "I must" in my life?
164. What positive disciplines have I let slip lately? What price am I paying for this slip?
165. If I took a thirty-second "happy memory break" right now, what would I remember?
166. How can I schedule a small break in my life -- just enough to be refreshed and recharged a bit?
167. What untapped potential could I bring to my world?
168. Am I learning what I need to learn?
169. Are my associations making me or breaking me?
170. Who is challenging me or inspiring me right now? Who could?
171. Should I set aside anything that is not important for what is most important?
172. Is there anything I should stop doing?
173. What was I most proud of this week?

174. What is my greatest need?
175. What conversations need to happen between you and your siblings?
176. What do I consider the biggest waste of time?
177. What have I done to get closer to my life goals lately?
178. What was hard for me this week, and why?
179. What will I try to improve on today?
180. What is the biggest accomplishment of my life?
181. What has worked for you when accomplishing past personal goals?
182. What are you putting up with?
183. If you were your own coach, what coaching would you give yourself right now?
184. What is your personal definition of success?
185. Who do you listen to the most?
186. What are the greatest lessons you have learned in life?
187. What is life asking you to do differently?
188. What in your life needs immediate attention?
189. What is perfect about where you are in your life right now?
190. What are you looking forward to?
191. What would like most to be acknowledged for at this point in your life?
192. How did you grow to be more like Jesus this past year?
193. If I were to ask your spouse about your state of mind, state of spirit, or energy level, what would the response be?

194. If Satan were to try to invalidate you as a person or as a servant, how would he do it?
195. What specific things are you praying for in regard to your kids?
196. Where are you financially right now?
197. What are the three most valuable things in your life?
198. What one word best describes you?
199. What was the most recent turning point in your life?
200. What do you do to medicate your emotional pain?
201. What was your favorite TV program as a child and why?
202. How do you think you are like your mother?
203. How are you praying for yourself?
204. What is the most important lesson you've learned from the past?
205. What has led you to see things differently?
206. What has the Holy Spirit been speaking to you lately?
207. What frustrations have you encountered when dealing with life?
208. What are you thinking about?
209. Who do you tend to blame when things go wrong?
210. In what area of your life do you derive the most satisfaction; work, play, or home?
211. If you could be president for one day, what would you change about our country?
212. Of all the people close to you, whose death would you find most disturbing?
213. How do you rate your personal life on a scale from 1 to 10, 10 being alive, balanced and fulfilled?

214. If you rate it less than 10, what barriers do you see keeping you from rating your personal life a 10?
215. What is the best part about being who you are?
216. What in the last week has made you go “HmMMM.”
217. Do you have a mentor actively involved in your life? Why or why not? What makes them valuable to you?
218. What books or seminars have proved helpful in the past year?
219. What one area of your life would see as top priority?
220. What do you do well, but want to take to another level?
221. What frustrations do you encounter when dealing with God?
222. What are less sure about today than last year?
223. Would you say that you see things pretty much like everyone else sees them, or do you see things differently?
224. In what other person do you see Jesus coming through right now?
225. If you were to start your life over, what would be your first steps?
226. After a hard day, what do you enjoy doing with friends?
227. If you could have any message engraved on your tombstone, what would it be?
228. Tell us about the different places you have lived.
229. Share a disappointment as a child that is still quite fresh to you now.
230. What would you like God to do in your life in the next six months?
231. What of your father’s shadow do you see in yourself?

232. Who was a spiritual mentor to you when you were a teenager?  
What did that person see in you back then that you wish were more present in your life today?
233. How are you following Jesus?
234. What have you been hesitant to talk about with this group?
235. What are the rules that you break subtly, or that you hate to follow?  
How do you break them?
236. What are you committed to besides God and family?
237. What is your greatest fear?
238. What family patterns are you in the process of breaking?
239. Are you more responsible than you should be or more irresponsible than you should be? Why?
240. With whom do you need to reconnect?
241. What are some of the simple pleasures that you enjoy in a given day?
242. Have you been a victim of violent crime?
243. What would you like to have said at your eulogy? What do you think will be said?
244. For what person do you feel a growing sense of forgiveness?
245. What problems are you working to solve?
246. What about fathering are you learning “on the job”?
247. Are you on an “up” or a “down” in your personal life?
248. What new friends have you made in the past six months?
249. On what topic do you think someone needs to speak out?
250. Do you tend to have big but few, or small but more when it comes to resentments?